



When Physical Intervention leading to restraint is necessary:

1. We seek advice from relevant professionals on the type of intervention or support required.
2. Agree the support strategies with the parents.
3. Record the strategies on a support plan and share with all staff, ensuring that all staff understand and agree to the procedures.
4. Senior staff ensure that all staff follow physical intervention appropriately and as agreed, for example, keeping to agreed length of times, e.g. max of 1 min.
5. Record any individual incidents involving physical restraint and report to parents as soon after the event as possible.
6. Monitor and review the support plan and progress made with parents on a regular basis (daily if possible).

This policy was adopted at a meeting of

28/2

Held on (date)

Signed on behalf of the Management Committee

A handwritten signature in blue ink, consisting of several loops and strokes, positioned to the right of the 'Signed on behalf of the Management Committee' text.

Role of signatory (e.g. chairperson etc.)

Chair